



BEAUTY BEAT

STEPHANIE DARLING GETS A JUMP START ON A CELLULITE TREATMENT, AND DISCOVERS THE ANTI-PUFFINESS POWER OF GREEN COFFEE SEED.



TREND TEXTURED HAIR Unleashed by styling supremo Sam McKnight at the Chanel Couture Autumn/Winter 2014 show in Paris, this brings a new definition to the concept of hat hair. The densely textured fringe was a hit on the runway, with McKnight referring to it as “dry, malleable texture”. If you’re keen to give this luxe ‘80s look a try, it’s all about mousse and a serious bit of backcombing.

LUXE
TO LESS



\$55



\$30



\$16

try these...

(from top) **Moroccanoil Volumizing Mousse, \$55, moroccanoil.com**; **L'Oréal Professionnel “Techni Art” Volume Lift Mousse, \$30, lorealprofessionnel.com.au**; **John Frieda “Luxurious Volume” Volume Building Mousse, \$16, johnfrieda.com.au.**

road test

This week I try...
Sleekskin therapy

The lowdown Spring is just around the corner, so I’m getting in early to test-drive a new non-invasive cellulite treatment called Sleekskin, which uses “energy wave technology”. My initial consultation is with Pamela, who takes pictures of the back of my upper thighs and bottom. She says I am on the lower end of the spectrum (phew!), and that the treatment will improve my skin texture and any cellulite. I climb on the bed and Pamela applies the conductive gel. Instructing me to relax, she cranks up the wand and works it in circular motions. The energy waves vibrate the skin’s connective tissues, helping to improve blood flow to the area, stimulate the lymphatic system and strengthen the collagen bands in the dermis.

Pain factor Initially, I feel increased sensitivity over the bony parts of my thighs. Pamela says that my tolerance level will improve with each visit, and this turns out to be correct.

Downtime There is a total of 10 sessions of 20 minutes each.

Results I’ve had six sessions so far (two a week) and the texture of my skin is definitely smoother.

Where to get it In Sydney: Cosmos Clinic, cosmosclinic.com.au; in Melbourne: Clinica Medico Estetica, medicoestetica.com.au. Cost: \$2400 for 10 sessions.

At home Biotherm Celluli Eraser, \$45, 1300 651 991.

Follow Stephanie on Instagram @mrssdarling.



cult FOLLOWING

Perth-based brand Becca’s A-list followers include Katy Perry, Charlize Theron, Lady Gaga and Salma Hayek. “The One” Perfecting Brush works wonders to blend highlighting creams, powders and liquid foundation. **Becca “The One” Perfecting Brush, \$65, beccacosmetics.com.**

WE ASK AN EXPERT

CHERYL ROSS
CREATOR OF CR FORMULATIONS

What’s the best way to get rid of puffy eyes?

“Puffy eyes are often the result of dehydration, lack of sleep or too much salt or alcohol. Green coffee-seed extract is a great anti-inflammatory and, as it has the same pH level as skin, is suitable for everyone.” Try CR Formulations Eyespresso, \$125, CRFormulations.com.au.